# AMERICAN UNIVERSITY
# CONFLICT RESOLUTION SERVICES

## Spring 2015 Semester Basic Mediation Training: March 26, 28-29, 2015

## Mediation Training Application

### Program Overview

American University Conflict Resolution Services provides alternative dispute resolution services to the AU community. It is a volunteer supported university program that helps members of the campus community to resolve interpersonal, inter-group, and organizational conflicts. Mediation-related and conflict coaching services are available to all students, staff, and faculty free of charge.

Mediation is a voluntary, confidential process in which an impartial third party assists individuals in finding a mutually acceptable solution to their problems. Conflicts can be resolved without legal and/or judicial intervention. Some conflict is natural, choosing to respect others while working towards a peaceful resolution is the key to a successful outcome.

Each semester, AU Conflict Resolution Services offers a 20-hour Basic Mediation Training course for those interested in learning skills and/or volunteering with Conflict Resolution Services. This training must be successfully completed before volunteering as a mediator with AU Conflict Resolution Services, although participants are not required to serve as volunteers.

The 20 hour training will provide prospective mediators experience in mediation through instruction in the theory of conflict resolution and the policies and practices of our office. Trainees will also participate in extensive role-plays and exercises.

**The training will be held Thursday, March 26th (5-9pm); Saturday, March 28th (9am-5pm); and Sunday, March 29th (9am-5pm). Participants will be asked to do some brief reading prior to training.**

**Please note that participants are required to attend all portions of the training.**

This training is free to all participants. Priority in applications is given to current AU students, faculty, and staff. AU alumni also receive priority consideration. Those without affiliation to AU are also welcome to apply.

**Please complete and submit your application no later than 3:00 p.m. on Tuesday, March 17, 2015** via email to – conflictresolution@american.edu. Applicants will be notified about their application status no later than Friday, March 20, 2015. Applications will be accepted on a rolling basis and preference will be given to early applicants.

**NB: This training is a prerequisite to participate as a mediator for AU's Conflict Resolution Services. This does not constitute 'certification' for off campus mediation. Contact Student Conduct and Conflict Resolution Services for more details.**

**(Please see next page for application form)**

# AMERICAN UNIVERSITY CONFLICT RESOLUTION SERVICES

**Application for Volunteer Mediation Training Spring 2015**

**Part I. Personal Information**

**Name:**_____

**Department/School:** _____

**Address:** _____

**Phone**:_____ **AU ID Number:** _____

**E-mail:** _____

**How did you learn about this opportunity? Please circle all that apply.**
AU Today Student Involvement Fair Conflict Resolution staff member Facebook

From a current mediator From a class visit Conflict Resolution Services website

Other (Please specify):_____

**Please specify:** Undergraduate Graduate Law School Staff Faculty Alumnus/a Community Member

**Related Courses/Work:** _____

**Related Experience:** _____

**Any Previous Mediation Training:** _____

**Part II. Questions**

Please answer **two** of the questions below. Both answers together should not exceed two typewritten double-spaced pages.

1. Why do you want to be a mediator for Conflict Resolution? How will being a mediator benefit you and how will you be able to help others?
2. Explain what mediation means to you. How do you view the role of the mediator?
3. How do you approach interpersonal conflict? How do you help others to resolve their disputes?