



# Food Security

Center for Community Engagement & Service | 202-885-7378 | Mary Graydon Center 273 | [american.edu/volunteer](http://american.edu/volunteer)

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## Bethesda Cares

This community outreach program for the homeless offers weekday lunches, Saturday lunches, and Sunday dinners at several churches in Bethesda. Volunteers can help out on-site serving meals, and both food and monetary donations are accepted.

**Contact:** (301) 907-9244/ [Volunteer@Bethesdacares.org](mailto:Volunteer@Bethesdacares.org)/ [www.bethesdacares.org/get-involved/volunteer-opportunities](http://www.bethesdacares.org/get-involved/volunteer-opportunities)  
7728 Woodmont Avenue, Bethesda, MD 20814

## Bread For The City

Bread for the City offers programs for low-income residents of Washington DC, including food and clothing distribution, Diaper distribution, primary medical care, legal advice and representation, and comprehensive social services. The Medical Clinic offers free primary health care to uninsured patients, members of the DC Healthcare Alliance, or recipients of Medicaid. Located in Wards 6 & 8. Bread for the City can also use volunteers daily to help meet provide food/other services daily to our clients.

**Contact:** Constance Lee / NW Volunteer Engagement Manager / [clee@breadforthecity.org](mailto:clee@breadforthecity.org) /  
Kyah Campbell / SE Volunteer Engagement Manager / [kcampbell@breadforthecity.org](mailto:kcampbell@breadforthecity.org)  
NW Location: 1525 7th St. NW, Washington DC 20001 / 202-595-7865  
SE Location: 1700 Good Hope Road, SE, Washington DC, 20020 / 202-587-5904  
[volunteer@breadforthecity.org](mailto:volunteer@breadforthecity.org) / [www.breadforthecity.org](http://www.breadforthecity.org) /

## Capital Area Food Bank

The mission of the Capital Area Food Bank is to feed those who suffer from hunger in the Washington metro area by acquiring and distributing food through its network of partner agencies; educating, empowering and enlightening the community about the issues of hunger and nutrition. CAFB is a member of Feeding America, a national network of 200 food banks. They need volunteers to sort and pack donations, help with curbside and home delivery, and more. Located in Ward 5.

**Contact:** (202) 644-9800 / [volunteer@cfoodbank.org](mailto:volunteer@cfoodbank.org) / [www.capitalareafoodbank.org](http://www.capitalareafoodbank.org)  
4900 Puerto Rico Ave. NE, Washington, DC 20017

## DC Central Kitchen

The 5,000 meals DCKK dishes out every day are loaded into their fleet of trucks and distributed at little or no cost to 100 nearby homeless shelters, transitional homes, and nonprofit organizations. DCKK also offers a rigorous Culinary Job Training program for unemployed men and women who want to replace homelessness, addiction, and incarceration with new careers and changed lives. Food can do so much more than fill stomachs: their mission is to use food as a tool to strengthen bodies, empower minds, and build communities. Located in Ward 6.

**Contact:** Jessica Towers/ Volunteer Program Coordinator/ (202) [601-7314](tel:601-7314)  
[jtowers@dccentralkitchen.org](mailto:jtowers@dccentralkitchen.org) [www.dccentralkitchen.org](http://www.dccentralkitchen.org) 425 2nd Street, NW DC 20001

### **DC Greens**

DC Greens uses the levers of food education, food access, and food policy to advance food justice in the nation's capital by focusing on transformational changes at the systems-level, building bridges between government, private sector, communities and non-profits, developing advocacy channels to amplify marginalized voices, curating best practices and leveraging existing infrastructure, responding to community needs, and providing thought leadership. Located in Ward 2.

**Contact:** (202) 601-9200 / [info@dcgreens.org](mailto:info@dcgreens.org) / [www.dcgreens.org/volunteer](http://www.dcgreens.org/volunteer)  
2000 P St NW #240, Washington, DC 20036

### **DC Hunger Solutions**

D.C. Hunger Solutions, founded in 2002 as an initiative of the Food Research & Action Center (FRAC), works to end hunger in the nation's capital and improve the nutrition, health, economic security, and well-being of low-income District residents. They work to improve public policies related to nutrition and food security, maximize participation in all federal nutrition programs, and educate the public and key audiences about the current state of hunger in the US and solutions that are available. Located in Ward 2.

**Contact:** (202) 640-1088 / [info@dchunger.org](mailto:info@dchunger.org) /  
[www.dchunger.org/training-and-outreach/current-trainings](http://www.dchunger.org/training-and-outreach/current-trainings)  
1200 18th St NW, Washington, DC 20036

### **Food for All**

The organization started as a small operation aimed at providing home grocery delivery for those not mobile enough to make it to other local organizations for assistance. Food for All DC has maintained its grassroots mentality but has been able to grow in capacity to make over 3000 deliveries each year. Presently, we service all four quadrants of D.C. and makes deliveries almost every Saturday of the year. Volunteers drive groceries to seniors, immunocompromised, and other D.C. neighbors who are homebound. Located in Ward 2.

**Contact:** [volunteer@foodforalldc.org](mailto:volunteer@foodforalldc.org) / [www.foodforalldc.wordpress.com/volunteer/](http://www.foodforalldc.wordpress.com/volunteer/)  
1810 16th Street NW, Washington DC 20009

### **Food and Friends**

Prepare, package, and deliver meals and groceries to nearly 1,000 people living with HIV/AIDS and other life-changing illnesses such as breast, lung, and colon cancer through D.C., Maryland, and Virginia. During the COVID19 Pandemic, Food and Friends is looking for people to deliver food to clients and assist in the kitchen for preparing meals. You can volunteer on their Volunteer Hub Site. Located in Ward 5.

**Contact:** (202) 269-2277 / [volunteer@foodandfriends.org](mailto:volunteer@foodandfriends.org) / [www.foodandfriends.org/](http://www.foodandfriends.org/)  
219 Riggs Road NE, Washington, DC 20011

### **Food Justice DMV**

A group of volunteers affiliated with Sanctuary DMV, initiated a campaign to distribute groceries. This campaign quickly turned into Food Justice DMV. Volunteers complete food deliveries by neighborhood. Spanish is a plus but not required as they provide sample messages and telephone support. There are also opportunities to volunteer on-site and distribute food. Other volunteer opportunities include the role of Tuesday Distribution Coordinator, Social Media Assistance, and Fundraising.

**Contact:** [denise@foodandfriends.org](mailto:denise@foodandfriends.org) / [www.foodjusticedmv.org/](http://www.foodjusticedmv.org/)

### **Food Rescue US**

Volunteers donate their own car and time (typically around 30 minutes) to pick up surplus food from grocers and restaurants, delivering unused goods to community kitchens and food pantries in need. Download the app to view the full schedule of local food rescue opportunities.

**Contact:** Kate Urbank / [kate@foodrescue.us](mailto:kate@foodrescue.us) / [www.foodrescue.us/be-the-rescue/](http://www.foodrescue.us/be-the-rescue/)

### **Kyanite Kitchen**

Kyanite Kitchen is a mobile pantry that offers fresh produce, toiletries, and hygienic products to underserved communities in Washington, D.C. In wards 7 & 8 of Washington, DC, which are predominantly minority-filled, there's no access to fresh affordable healthy food within a mile of each neighborhood. Kyanite Kitchen's mission is to support all of DC, but especially those living in food apartheid areas with the supplies they need to live a healthier and sustainable lifestyle!

**Contact:** Instagram and Twitter @kyanite.kitchen

### **Martha's Table**

At Martha's Table, we believe that every Washingtonian deserves the opportunity to thrive. We support strong children, strong families, and strong communities by increasing access to quality education, health and wellness, and family resources. We focus on fighting for food justice by increasing access to healthy food, offering nationally accredited education programs beginning at birth, and promoting family success by partnering with caregivers and providing fundamental resources.

**Contact:** 202-328-6608 / [volunteer@marthastable.org](mailto:volunteer@marthastable.org) / [marthastable.org/volunteer](http://marthastable.org/volunteer)  
2375 Elvans Rd. SE Washington, DC 20020

### **Miriam's Kitchen**

Miriam's Kitchen is committed to ending chronic homelessness in DC by creating meaningful connections with chronically homeless individuals, placing them in permanent supportive housing, and ensuring they have the necessary support to remain in housing. Miriam's Kitchen advocates for permanent supportive housing as a long-term solution, while meeting short-term needs by providing healthy meals and high-quality social services to more than 3,500 chronically homeless individuals each year. Volunteer opportunities include serving meals, preparing meals, and assisting case managers. Located in Ward 2.

**Contact:** (202) 452-8926 / [volunteer@miriamskitchen.org](mailto:volunteer@miriamskitchen.org) / [www.miriamskitchen.org](http://www.miriamskitchen.org)  
2401 Virginia Ave, NW, Washington, DC 20037

### **So Others Might Eat (SOME)**

SOME moves the men, women and families we serve from crisis to stability, despair to hope, and dependence to self-sufficiency. Our model has three levels of care and support: Emergency, rebuilding, and stability. Volunteer opportunities include administrative work, professional services, elderly services, tutoring, food services, landscaping, and special occasion planning. Located in Ward 5.

**Contact:** (202) 797-8806 x2109 / [www.some.org](http://www.some.org) / [volunteer@some.org](mailto:volunteer@some.org)  
Rachel Green/ Family Services Volunteer Coordinator / [rgreen@some.org](mailto:rgreen@some.org)/ 71 O St, NW

### **Shepherd's Table**

Shepherd's Table's mission is to provide help to people who are homeless or in need by providing basic services, including meals, social services, and medical support, clothing, and other assistance in an effective and compassionate manner. Volunteers are needed in the dining room, for food pick-up, for the clothes closet, and at the resource center.

**Contact:** (301) 585-6463 x1 / [haileg@shepherdstable.org](mailto:haileg@shepherdstable.org) / [www.shepherdstable.org](http://www.shepherdstable.org)  
8210A Dixon Avenue, Silver Spring, Maryland 20910

**Thrive DC**

Thrive DC serves anyone in need, providing services to men and women of all ages, backgrounds, races, and ethnicities. The individuals who come through their doors often face multiple, complex barriers to a more stable life. Some face hunger or illness, and often are lonely and hopeless. Many are diagnosed with mental illness, and some struggle with substance abuse. Others have been victims of domestic violence and/or sexual assault. A majority of our clients are living with chronic health problems-often without regular access to crucial medical care. Volunteers can help with distributing groceries or mail during this time.

**Contact:** Vanessa Davis/[vanessa@thrivedc.org](mailto:vanessa@thrivedc.org)/ [www.thrivedc.org/volunteer](http://www.thrivedc.org/volunteer)  
1525 Newton St. NW Suite G1, Washington, DC 20010 (Ward 1)

**World Central Kitchen**

D.C.-based chef José Andrés's nonprofit World Central Kitchen provides emergency food relief worldwide, including in more than 400 cities in response to the COVID-19 pandemic. There's a call for donations online or volunteers can sign up for the WCK Volunteer Corps to serve in the community.

**Contact:** (202)844-6330 / [Hello@wck.org](mailto:Hello@wck.org) / <https://wck.org/volunteer>  
655 New York Ave NW, 6<sup>th</sup> Floor, Washington, DC, 20001 (Ward 6)

**We are Family**

We Are Family has gone from helping about 50 seniors in 2004 to serving more than 800 in 2018. Services include monthly grocery deliveries, weekly farmers market produce deliveries in the summer and fall, shopping transportation, friendly visits, emergency cleaning, and more. During the COVID-19 health crisis, We Are Family is looking for volunteers to help with grocery deliveries, reassurance phone calls, and shopping assistance. Located in Ward 1.

**Contact:** Tulin Ozdeger (202) 423-3858 / [tulino@wearefamilydc.org](mailto:tulino@wearefamilydc.org) /  
(202) 487-8698 / [info@wearefamilydc.org](mailto:info@wearefamilydc.org) / [www.wearefamilydc.org/](http://www.wearefamilydc.org/)  
1525 Newton St. NW, Washington, DC 20010